

u3a is 40

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**We are 40!!**

The u3a movement is celebrating 40 years of positive ageing this year.

The u3a movement has been learning, staying active and having fun for 40 years - showcasing what it means to have a positive later life. Join us and find out what events are happening near you.

We are asking our members to let us know why you love being a part of the movement and we will share a selection of these on our social media throughout the coming months.

Why not join us?